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| **Results after Stage 4 Rás na mBan 2016** |

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| Organiser Organisateur | **Rás na mBan Organising Committee** | Location Localité | **Kilkenny** |

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| Date Date | **10th September 2016** |  |  |

# Stage Result:

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| Rás na mBan 2016 |

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| Organiser Organisateur | Rás na mBan Organising Committee | Stage Etape | 10th September 2016 | Arrival classification Classification d'arrivée | Individual Time Trial |

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| Average speed of winner Vitesse moyenne du vainqueur | 43,002km/h | Distance Distance | 11,3km(247,0km — 258,3km) | Commencement Commencement | 10:00 |

| **Position Classement** | **No. No.** | **Rider Coureur** | **Team Equipe** | **Country Pays** | **Category Catégorie** | **Time Temps** | | **Gap Retard** |
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|  | | | | | | | | |
| 1. | 13 | MARIEKE KERKVLIET | WV BREDA MANIEU.NL- LADIESTEAM | NED |  | .15'46" | 750 |  |
| 2. | 43 | NINA BUIJSMAN | REGIOTEAM NOORD-HOLLAND 2 | NED | U23 | .16'00" | 880 | 14" |
| 3. | 75 | NATALIE GRINCZER | TEAM WNT | GBR |  | .16'16" | 060 | 30" |
| 4. | 29 | IDA ERNGREN | TEAM CRESCENT DARE | SWE |  | .16'16" | 610 | 30" |
| 5. | 121 | CLAIRE MCILLWAINE | CYCLING ULSTER | IRL |  | .16'21" | 180 | 35" |
| 6. | 12 | LAURA GORTER | WV BREDA MANIEU.NL- LADIESTEAM | NED |  | .16'22" | 390 | 36" |
| 7. | 56 | ELYNOR BACKSTEDT | BACKSTEDT CYCLING | GBR | U23, J | .16'22" | 590 | 36" |
| 8. | 30 | RIKKE LONNE | TEAM CRESCENT DARE | DEN |  | .16'25" | 250 | 39" |
| 9. | 67 | ALICE SHARPE | TEAM TORELLI | GBR | U23 | .16'25" | 500 | 39" |
| 10. | 74 | REBECCA RIMMINGTON | TEAM WNT | GBR |  | .16'26" | 530 | 40" |
| 11. | 85 | EVA VAN DEN BORN | GB CYCLES.CO.UK | NED |  | .16'27" | 450 | 41" |
| 12. | 87 | STEPHANIE MOTTRAM | CLIFF PRATT RACING | GBR |  | .16'31" | 510 | 45" |
| 13. | 57 | PFEIFFER GEORGI | BACKSTEDT CYCLING | GBR | U23, J | .16'33" | 470 | 47" |
| 14. | 63 | KELLY MURPHY | RACING CHANCE FOUNDATION | GBR |  | .16'38" | 870 | 52" |
| 15. | 122 | EILEEN BURNS | CYCLING ULSTER | IRL |  | .16'41" | 360 | 55" |
| 16. | 89 | JENNIFER GEORGE | CLIFF PRATT RACING | GBR |  | .16'44" | 950 | 58" |
| 17. | 45 | LYDIA GURLEY | REGIOTEAM NOORD-HOLLAND 2 | IRL |  | .16'47" | 410 | 1'01" |
| 18. | 103 | JENNY POWELL | ELITE VELO KALAS SPORTWEAR CRT | DEN |  | .16'50" | 410 | 1'04" |
| 19. | 11 | FEMKE VAN KESSEL | WV BREDA MANIEU.NL- LADIESTEAM | NED |  | .16'52" | 040 | 1'06" |
| 20. | 20 | STINE BORGLI | BRYNE CK LADIES ELITE | NOR |  | .16'52" | 480 | 1'06" |
| 21. | 23 | ERIN KINNEALY | CCN ENERGY HR AUSTRALIA | AUS |  | .16'57" | 830 | 1'11" |
| 22. | 73 | LYDIA BOYLAN | TEAM WNT | IRL |  | .16'59" | 040 | 1'13" |
| 23. | 17 | TONE HATTELAND LIMA | BRYNE CK LADIES ELITE | NOR |  | .16'59" | 410 | 1'13" |
| 24. | 46 | ELIZABETH BANKS | FUSION RTFIERLAN | GBR |  | .17'00" | 920 | 1'14" |
| 25. | 22 | ROOS HOOGEBOOM | CCN ENERGY HR AUSTRALIA | NED |  | .17'01" | 410 | 1'15" |
| 26. | 60 | WILMA OLAUSSON | BACKSTEDT CYCLING | SWE | U23, J | .17'08" | 960 | 1'22" |
| 27. | 68 | LAUREN CREAMER | TEAM TORELLI | IRL |  | .17'10" | 370 | 1'24" |
| 28. | 116 | GRACE YOUNG | DE RONDE VAN CORK | IRL |  | .17'11" | 780 | 1'25" |
| 29. | 111 | FIONA GUIHEN | TC RACING | IRL |  | .17'14" | 840 | 1'28" |
| 30. | 44 | ALICJA VERHAGEN | REGIOTEAM NOORD-HOLLAND 2 | NED |  | .17'16" | 270 | 1'30" |
| 31. | 124 | KATHARINE SMYTH | CYCLING ULSTER | IRL |  | .17'16" | 400 | 1'30" |
| 32. | 2 | JOSEFINE HUITFELDT | TEAM RYTGER | DEN | U23 | .17'16" | 640 | 1'30" |
| 33. | 31 | CECILIA LE BRIS | TEAM BREIZH LADIES | FRA | U23 | .17'16" | 750 | 1'30" |
| 34. | 8 | KIRSTEN PEETOOM | MAASLANDSTER NICHELIVING CCN | NED |  | .17'19" | 360 | 1'33" |
| 35. | 21 | SARAH DUFFIELD | CCN ENERGY HR AUSTRALIA | AUS |  | .17'20" | 660 | 1'34" |
| 36. | 94 | SARAH BRADFORD | TEAM JADEN WELDTITE | GBR | U23, J | .17'20" | 910 | 1'34" |
| 37. | 35 | HELENE GERARD | TEAM BREIZH LADIES | FRA | U23 | .17'21" | 520 | 1'35" |
| 38. | 49 | ELENOR CAMPBELL | FUSION RTFIERLAN | GBR | U23 | .17'22" | 730 | 1'36" |
| 39. | 47 | JENNY HOLDEN | FUSION RTFIERLAN | GBR | U23 | .17'22" | 950 | 1'36" |
| 40. | 64 | CHARLOTTE ALSTON | RACING CHANCE FOUNDATION | GBR | U23 | .17'24" | 010 | 1'38" |
| 41. | 32 | FANNY LE HUITOUZE | TEAM BREIZH LADIES | FRA |  | .17'25" | 570 | 1'39" |
| 42. | 79 | VICTORIA STRILA | PMR@TOACHIM HOUSE | GBR |  | .17'27" | 110 | 1'41" |
| 43. | 72 | REBECCA CARTER | TEAM WNT | GBR |  | .17'27" | 970 | 1'41" |
| 44. | 62 | TAMSIN VICARY | RACING CHANCE FOUNDATION | GBR |  | .17'29" | 000 | 1'43" |
| 45. | 123 | HEATHER FOLEY | CYCLING ULSTER | IRL |  | .17'29" | 020 | 1'43" |
| 46. | 6 | AMALIE WINTHER OLSEN | MAASLANDSTER NICHELIVING CCN | DEN | U23 | .17'29" | 940 | 1'43" |
| 47. | 98 | ANNA WEAVER | TEAM VERDEX-PEDALPOWER.COM | GBR |  | .17'31" | 440 | 1'45" |
| 48. | 109 | AIDEEN KEENAN | SCOTT ORWELL WHEELERS | IRL |  | .17'34" | 980 | 1'48" |
| 49. | 118 | SINNEAD OAKES | DE RONDE VAN CORK | IRL | V | .17'35" | 280 | 1'49" |
| 50. | 78 | ALEXIS BARNES | PMR@TOACHIM HOUSE | AUS |  | .17'41" | 780 | 1'55" |
| 51. | 86 | GRACE GARNER | CLIFF PRATT RACING | GBR | U23 | .17'42" | 370 | 1'56" |
| 52. | 48 | FIONA HUNTER-JOHNSON | FUSION RTFIERLAN | GBR |  | .17'43" | 250 | 1'57" |
| 53. | 37 | MELISSA VAN NECK | REGIOTEAM NOORD-HOLLAND 1 | NED |  | .17'43" | 610 | 1'57" |
| 54. | 95 | JENNY HOLL | TEAM JADEN WELDTITE | GBR | U23, J | .17'43" | 700 | 1'57" |
| 55. | 39 | KRISTINE KOFMAN | REGIOTEAM NOORD-HOLLAND 1 | NED |  | .17'47" | 210 | 2'01" |
| 56. | 90 | ALICIA SPEAKE | CLIFF PRATT RACING | GBR |  | .17'48" | 500 | 2'02" |
| 57. | 71 | EILEEN ROE | TEAM WNT | GBR |  | .17'49" | 850 | 2'03" |
| 58. | 27 | EMMY ANDERSSON | TEAM CRESCENT DARE | SWE |  | .17'51" | 240 | 2'05" |
| 59. | 88 | CORINNE CLARKE | CLIFF PRATT RACING | GBR |  | .17'51" | 430 | 2'05" |
| 60. | 114 | MAURA CLAFFEY | TC RACING | IRL |  | .17'52" | 710 | 2'06" |
| 61. | 33 | GABRIELLE RIMASSON | TEAM BREIZH LADIES | FRA | U23 | .17'53" | 230 | 2'07" |
| 62. | 91 | RHONA CALLANDER | TEAM JADEN WELDTITE | GBR | U23, J | .17'56" | 810 | 2'10" |
| 63. | 40 | JOANNE GROENVELDT | REGIOTEAM NOORD-HOLLAND 1 | NED |  | .17'57" | 870 | 2'11" |
| 64. | 53 | EVE DIXON | STARLEY RACING | GBR | U23 | .17'59" | 080 | 2'13" |
| 65. | 104 | MARGRIET KLOPPENBURG | ELITE VELO KALAS SPORTWEAR CRT | DEN |  | .18'03" | 360 | 2'17" |
| 66. | 36 | MARIANNE VAN LEEUWEN | REGIOTEAM NOORD-HOLLAND 1 | NED | V | .18'04" | 340 | 2'18" |
| 67. | 25 | HAZEL MAGILL | CCN ENERGY HR AUSTRALIA | RSA | U23 | .18'04" | 540 | 2'18" |
| 68. | 81 | AMY GOOD | GB CYCLES.CO.UK | IRL | U23 | .18'04" | 920 | 2'18" |
| 69. | 65 | ALISA HEALY | RACING CHANCE FOUNDATION | GBR |  | .18'05" | 990 | 2'19" |
| 70. | 28 | SELMA SVARF | TEAM CRESCENT DARE | SWE | U23 | .18'07" | 150 | 2'21" |
| 71. | 14 | CLEO KORTENHORST | WV BREDA MANIEU.NL- LADIESTEAM | NED | U23 | .18'08" | 990 | 2'22" |
| 72. | 66 | MADS SCOTT | TEAM TORELLI | GBR | U23 | .18'13" | 190 | 2'27" |
| 73. | 105 | ERYN NOLAN | ELITE VELO KALAS SPORTWEAR CRT | IRL |  | .18'15" | 850 | 2'29" |
| 74. | 24 | ANGELA SMITH | CCN ENERGY HR AUSTRALIA | AUS | U23 | .18'16" | 920 | 2'30" |
| 75. | 96 | SOPHIE ENVER | TEAM VERDEX-PEDALPOWER.COM | GBR | U23, J | .18'19" | 370 | 2'33" |
| 76. | 107 | BETH MCLUSKEY | SCOTT ORWELL WHEELERS | IRL | V | .18'19" | 950 | 2'33" |
| 77. | 82 | SARAH BURKE | GB CYCLES.CO.UK | GBR |  | .18'20" | 380 | 2'34" |
| 78. | 7 | KYLIE WATERREUS | MAASLANDSTER NICHELIVING CCN | NED | U23, J | .18'21" | 220 | 2'35" |
| 79. | 34 | MARGAUX CADOL | TEAM BREIZH LADIES | FRA | U23 | .18'27" | 430 | 2'41" |
| 80. | 52 | SOPHIE BLACK | STARLEY RACING | GBR | U23 | .18'27" | 780 | 2'41" |
| 81. | 59 | ISABEL ELLIS | BACKSTEDT CYCLING | GBR | U23, J | .18'33" | 740 | 2'47" |
| 82. | 38 | MIRELLE VREE | REGIOTEAM NOORD-HOLLAND 1 | NED |  | .18'34" | 370 | 2'48" |
| 83. | 97 | JENNIFER BATEY | TEAM VERDEX-PEDALPOWER.COM | GBR |  | .18'35" | 720 | 2'49" |
| 84. | 26 | TILINA LEVIN | TEAM CRESCENT DARE | SWE |  | .18'36" | 670 | 2'50" |
| 85. | 92 | ELLEN MCDERMOTT | TEAM JADEN WELDTITE | GBR |  | .18'36" | 860 | 2'50" |
| 86. | 42 | MARJOLEIN BAKKER | REGIOTEAM NOORD-HOLLAND 2 | NED | U23 | .18'40" | 700 | 2'54" |
| 87. | 18 | KAROLINE ROSTE OMDAL | BRYNE CK LADIES ELITE | NOR | U23 | .18'41" | 160 | 2'55" |
| 88. | 70 | SOPHIE THACKERY | TEAM TORELLI | GBR | U23, J | .18'42" | 700 | 2'56" |
| 89. | 10 | SARA VERHAEST | MAASLANDSTER NICHELIVING CCN | BEL | U23 | .18'42" | 940 | 2'56" |
| 90. | 76 | CHLOE WELLER | PMR@TOACHIM HOUSE | GBR |  | .18'46" | 770 | 3'00" |
| 91. | 9 | MAXIME ROES | MAASLANDSTER NICHELIVING CCN | BEL | U23 | .18'49" | 000 | 3'03" |
| 92. | 117 | NESSA ROCHFORD | DE RONDE VAN CORK | IRL | V | .18'54" | 480 | 3'08" |
| 93. | 106 | MICHELLE GEOGHEGAN | SCOTT ORWELL WHEELERS | IRL |  | .18'55" | 030 | 3'09" |
| 94. | 5 | AMALIE LUTRO | TEAM RYTGER | NOR | U23, J | .18'57" | 970 | 3'11" |
| 95. | 115 | REBECCA DOBSON | TC RACING | IRL |  | .19'01" | 160 | 3'15" |
| 96. | 16 | ANDREA TERJESEN | BRYNE CK LADIES ELITE | NOR | U23 | .19'08" | 510 | 3'22" |
| 97. | 113 | EIMEAR HARRISON | TC RACING | IRL | U23, J | .19'14" | 580 | 3'28" |
| 98. | 15 | SANNE VAN HELMOND | WV BREDA MANIEU.NL- LADIESTEAM | NED |  | .19'21" | 440 | 3'35" |
| 99. | 83 | FRANCESCA CUTTS | GB CYCLES.CO.UK | GBR | U23 | .19'21" | 840 | 3'35" |
| 100. | 125 | CLAIRE O NEILL | CYCLING ULSTER | IRL | V | .19'26" | 230 | 3'40" |
| 101. | 93 | SHAUNA MCFADDEN | TEAM JADEN WELDTITE | IRL | U23, J | .20'08" | 350 | 4'22" |
| 102. | 41 | PERNILLA VAN ROZELAAR | REGIOTEAM NOORD-HOLLAND 2 | NED | U23 | .20'10" | 170 | 4'24" |
| 103. | 112 | ROISIN THOMAS | TC RACING | IRL |  | .44'33" | 448 | 28'47" |
| Riders dropping out, Coureurs qui abandonné | | | | | | | | |
|  | 3 | CIARA DOOGAN | TEAM RYTGER | IRL | U23, J |  |  |  |
|  | 119 | EMILY BIRCHILL | DE RONDE VAN CORK | IRL | U23, J |  |  |  |

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| Number of not started Nombre de pas partir | 0 | Riders dropping out Coureurs qui abandonné | 3, 119 |
| Number of starters Nombre de coureurs au depart | 105 | Number remaining Nombre du restant | 103 |

# General Classification:

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| Rás na mBan 2016 |

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| Organiser Organisateur | Rás na mBan Organising Committee | Stage Etape | 10th September 2016 | General classification after Classification générale après | Individual Time Trial |

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| Average speed of winner Vitesse moyenne du vainqueur | 37,075km/h | Total distance Distance totale | 258,3km |

| **Position Classement** | **No. No.** | **Rider Coureur** | **Team Equipe** | **Country Pays** | **Category Catégorie** | **Time Temps** | **Gap Retard** |
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|  | | | | | | | |
| 1. | 30 | RIKKE LONNE | TEAM CRESCENT DARE | DEN |  | 6.58'01" |  |
| 2. | 73 | LYDIA BOYLAN | TEAM WNT | IRL |  | 7.01'16" | 3'15" |
| 3. | 23 | ERIN KINNEALY | CCN ENERGY HR AUSTRALIA | AUS |  | 7.02'24" | 4'23" |
| 4. | 13 | MARIEKE KERKVLIET | WV BREDA MANIEU.NL- LADIESTEAM | NED |  | 7.02'35" | 4'34" |
| 5. | 43 | NINA BUIJSMAN | REGIOTEAM NOORD-HOLLAND 2 | NED | U23 | 7.02'49" | 4'48" |
| 6. | 75 | NATALIE GRINCZER | TEAM WNT | GBR |  | 7.03'05" | 5'04" |
| 7. | 29 | IDA ERNGREN | TEAM CRESCENT DARE | SWE |  | 7.03'05" | 5'04" |
| 8. | 12 | LAURA GORTER | WV BREDA MANIEU.NL- LADIESTEAM | NED |  | 7.03'11" | 5'10" |
| 9. | 85 | EVA VAN DEN BORN | GB CYCLES.CO.UK | NED |  | 7.03'16" | 5'15" |
| 10. | 57 | PFEIFFER GEORGI | BACKSTEDT CYCLING | GBR | U23, J | 7.03'22" | 5'21" |
| 11. | 56 | ELYNOR BACKSTEDT | BACKSTEDT CYCLING | GBR | U23, J | 7.03'28" | 5'27" |
| 12. | 121 | CLAIRE MCILLWAINE | CYCLING ULSTER | IRL |  | 7.03'31" | 5'30" |
| 13. | 89 | JENNIFER GEORGE | CLIFF PRATT RACING | GBR |  | 7.03'33" | 5'32" |
| 14. | 67 | ALICE SHARPE | TEAM TORELLI | GBR | U23 | 7.03'38" | 5'37" |
| 15. | 103 | JENNY POWELL | ELITE VELO KALAS SPORTWEAR CRT | DEN |  | 7.03'39" | 5'38" |
| 16. | 20 | STINE BORGLI | BRYNE CK LADIES ELITE | NOR |  | 7.03'41" | 5'40" |
| 17. | 46 | ELIZABETH BANKS | FUSION RTFIERLAN | GBR |  | 7.03'49" | 5'48" |
| 18. | 74 | REBECCA RIMMINGTON | TEAM WNT | GBR |  | 7.04'02" | 6'01" |
| 19. | 31 | CECILIA LE BRIS | TEAM BREIZH LADIES | FRA | U23 | 7.04'05" | 6'04" |
| 20. | 47 | JENNY HOLDEN | FUSION RTFIERLAN | GBR | U23 | 7.04'11" | 6'10" |
| 21. | 71 | EILEEN ROE | TEAM WNT | GBR |  | 7.04'38" | 6'37" |
| 22. | 48 | FIONA HUNTER-JOHNSON | FUSION RTFIERLAN | GBR |  | 7.04'44" | 6'43" |
| 23. | 17 | TONE HATTELAND LIMA | BRYNE CK LADIES ELITE | NOR |  | 7.05'07" | 7'06" |
| 24. | 22 | ROOS HOOGEBOOM | CCN ENERGY HR AUSTRALIA | NED |  | 7.05'09" | 7'08" |
| 25. | 60 | WILMA OLAUSSON | BACKSTEDT CYCLING | SWE | U23, J | 7.05'16" | 7'15" |
| 26. | 8 | KIRSTEN PEETOOM | MAASLANDSTER NICHELIVING CCN | NED |  | 7.05'22" | 7'21" |
| 27. | 49 | ELENOR CAMPBELL | FUSION RTFIERLAN | GBR | U23 | 7.05'38" | 7'37" |
| 28. | 87 | STEPHANIE MOTTRAM | CLIFF PRATT RACING | GBR |  | 7.06'07" | 8'06" |
| 29. | 63 | KELLY MURPHY | RACING CHANCE FOUNDATION | GBR |  | 7.06'07" | 8'06" |
| 30. | 124 | KATHARINE SMYTH | CYCLING ULSTER | IRL |  | 7.06'08" | 8'07" |
| 31. | 116 | GRACE YOUNG | DE RONDE VAN CORK | IRL |  | 7.06'09" | 8'08" |
| 32. | 72 | REBECCA CARTER | TEAM WNT | GBR |  | 7.06'19" | 8'18" |
| 33. | 39 | KRISTINE KOFMAN | REGIOTEAM NOORD-HOLLAND 1 | NED |  | 7.06'31" | 8'30" |
| 34. | 37 | MELISSA VAN NECK | REGIOTEAM NOORD-HOLLAND 1 | NED |  | 7.06'35" | 8'34" |
| 35. | 123 | HEATHER FOLEY | CYCLING ULSTER | IRL |  | 7.06'52" | 8'51" |
| 36. | 111 | FIONA GUIHEN | TC RACING | IRL |  | 7.06'57" | 8'56" |
| 37. | 32 | FANNY LE HUITOUZE | TEAM BREIZH LADIES | FRA |  | 7.06'59" | 8'58" |
| 38. | 35 | HELENE GERARD | TEAM BREIZH LADIES | FRA | U23 | 7.07'10" | 9'09" |
| 39. | 86 | GRACE GARNER | CLIFF PRATT RACING | GBR | U23 | 7.07'31" | 9'30" |
| 40. | 33 | GABRIELLE RIMASSON | TEAM BREIZH LADIES | FRA | U23 | 7.07'42" | 9'41" |
| 41. | 91 | RHONA CALLANDER | TEAM JADEN WELDTITE | GBR | U23, J | 7.07'56" | 9'55" |
| 42. | 7 | KYLIE WATERREUS | MAASLANDSTER NICHELIVING CCN | NED | U23, J | 7.08'10" | 10'09" |
| 43. | 104 | MARGRIET KLOPPENBURG | ELITE VELO KALAS SPORTWEAR CRT | DEN |  | 7.08'16" | 10'15" |
| 44. | 106 | MICHELLE GEOGHEGAN | SCOTT ORWELL WHEELERS | IRL |  | 7.08'38" | 10'37" |
| 45. | 44 | ALICJA VERHAGEN | REGIOTEAM NOORD-HOLLAND 2 | NED |  | 7.09'00" | 10'59" |
| 46. | 107 | BETH MCLUSKEY | SCOTT ORWELL WHEELERS | IRL | V | 7.09'14" | 11'13" |
| 47. | 45 | LYDIA GURLEY | REGIOTEAM NOORD-HOLLAND 2 | IRL |  | 7.09'58" | 11'57" |
| 48. | 68 | LAUREN CREAMER | TEAM TORELLI | IRL |  | 7.09'59" | 11'58" |
| 49. | 90 | ALICIA SPEAKE | CLIFF PRATT RACING | GBR |  | 7.10'31" | 12'30" |
| 50. | 40 | JOANNE GROENVELDT | REGIOTEAM NOORD-HOLLAND 1 | NED |  | 7.11'19" | 13'18" |
| 51. | 109 | AIDEEN KEENAN | SCOTT ORWELL WHEELERS | IRL |  | 7.11'26" | 13'25" |
| 52. | 5 | AMALIE LUTRO | TEAM RYTGER | NOR | U23, J | 7.12'18" | 14'17" |
| 53. | 36 | MARIANNE VAN LEEUWEN | REGIOTEAM NOORD-HOLLAND 1 | NED | V | 7.12'40" | 14'39" |
| 54. | 105 | ERYN NOLAN | ELITE VELO KALAS SPORTWEAR CRT | IRL |  | 7.12'57" | 14'56" |
| 55. | 64 | CHARLOTTE ALSTON | RACING CHANCE FOUNDATION | GBR | U23 | 7.13'01" | 15'00" |
| 56. | 122 | EILEEN BURNS | CYCLING ULSTER | IRL |  | 7.13'24" | 15'23" |
| 57. | 98 | ANNA WEAVER | TEAM VERDEX-PEDALPOWER.COM | GBR |  | 7.13'37" | 15'36" |
| 58. | 14 | CLEO KORTENHORST | WV BREDA MANIEU.NL- LADIESTEAM | NED | U23 | 7.13'48" | 15'47" |
| 59. | 62 | TAMSIN VICARY | RACING CHANCE FOUNDATION | GBR |  | 7.13'53" | 15'52" |
| 60. | 70 | SOPHIE THACKERY | TEAM TORELLI | GBR | U23, J | 7.14'39" | 16'38" |
| 61. | 65 | ALISA HEALY | RACING CHANCE FOUNDATION | GBR |  | 7.14'46" | 16'45" |
| 62. | 66 | MADS SCOTT | TEAM TORELLI | GBR | U23 | 7.14'56" | 16'55" |
| 63. | 92 | ELLEN MCDERMOTT | TEAM JADEN WELDTITE | GBR |  | 7.15'00" | 16'59" |
| 64. | 25 | HAZEL MAGILL | CCN ENERGY HR AUSTRALIA | RSA | U23 | 7.15'06" | 17'05" |
| 65. | 94 | SARAH BRADFORD | TEAM JADEN WELDTITE | GBR | U23, J | 7.15'27" | 17'26" |
| 66. | 27 | EMMY ANDERSSON | TEAM CRESCENT DARE | SWE |  | 7.16'38" | 18'37" |
| 67. | 95 | JENNY HOLL | TEAM JADEN WELDTITE | GBR | U23, J | 7.16'48" | 18'47" |
| 68. | 6 | AMALIE WINTHER OLSEN | MAASLANDSTER NICHELIVING CCN | DEN | U23 | 7.16'57" | 18'56" |
| 69. | 2 | JOSEFINE HUITFELDT | TEAM RYTGER | DEN | U23 | 7.17'08" | 19'07" |
| 70. | 78 | ALEXIS BARNES | PMR@TOACHIM HOUSE | AUS |  | 7.17'45" | 19'44" |
| 71. | 11 | FEMKE VAN KESSEL | WV BREDA MANIEU.NL- LADIESTEAM | NED |  | 7.17'59" | 19'58" |
| 72. | 42 | MARJOLEIN BAKKER | REGIOTEAM NOORD-HOLLAND 2 | NED | U23 | 7.18'02" | 20'01" |
| 73. | 88 | CORINNE CLARKE | CLIFF PRATT RACING | GBR |  | 7.18'40" | 20'39" |
| 74. | 118 | SINNEAD OAKES | DE RONDE VAN CORK | IRL | V | 7.19'07" | 21'06" |
| 75. | 34 | MARGAUX CADOL | TEAM BREIZH LADIES | FRA | U23 | 7.19'16" | 21'15" |
| 76. | 16 | ANDREA TERJESEN | BRYNE CK LADIES ELITE | NOR | U23 | 7.20'18" | 22'17" |
| 77. | 21 | SARAH DUFFIELD | CCN ENERGY HR AUSTRALIA | AUS |  | 7.20'32" | 22'31" |
| 78. | 26 | TILINA LEVIN | TEAM CRESCENT DARE | SWE |  | 7.20'32" | 22'31" |
| 79. | 114 | MAURA CLAFFEY | TC RACING | IRL |  | 7.25'31" | 27'30" |
| 80. | 59 | ISABEL ELLIS | BACKSTEDT CYCLING | GBR | U23, J | 7.25'50" | 27'49" |
| 81. | 53 | EVE DIXON | STARLEY RACING | GBR | U23 | 7.26'45" | 28'44" |
| 82. | 18 | KAROLINE ROSTE OMDAL | BRYNE CK LADIES ELITE | NOR | U23 | 7.28'21" | 30'20" |
| 83. | 96 | SOPHIE ENVER | TEAM VERDEX-PEDALPOWER.COM | GBR | U23, J | 7.30'46" | 32'45" |
| 84. | 38 | MIRELLE VREE | REGIOTEAM NOORD-HOLLAND 1 | NED |  | 7.30'56" | 32'55" |
| 85. | 79 | VICTORIA STRILA | PMR@TOACHIM HOUSE | GBR |  | 7.32'48" | 34'47" |
| 86. | 112 | ROISIN THOMAS | TC RACING | IRL |  | 7.33'10" | 35'09" |
| 87. | 41 | PERNILLA VAN ROZELAAR | REGIOTEAM NOORD-HOLLAND 2 | NED | U23 | 7.33'30" | 35'29" |
| 88. | 97 | JENNIFER BATEY | TEAM VERDEX-PEDALPOWER.COM | GBR |  | 7.33'33" | 35'32" |
| 89. | 76 | CHLOE WELLER | PMR@TOACHIM HOUSE | GBR |  | 7.35'00" | 36'59" |
| 90. | 113 | EIMEAR HARRISON | TC RACING | IRL | U23, J | 7.35'50" | 37'49" |
| 91. | 9 | MAXIME ROES | MAASLANDSTER NICHELIVING CCN | BEL | U23 | 7.37'07" | 39'06" |
| 92. | 82 | SARAH BURKE | GB CYCLES.CO.UK | GBR |  | 7.37'15" | 39'14" |
| 93. | 24 | ANGELA SMITH | CCN ENERGY HR AUSTRALIA | AUS | U23 | 7.38'35" | 40'34" |
| 94. | 117 | NESSA ROCHFORD | DE RONDE VAN CORK | IRL | V | 7.38'36" | 40'35" |
| 95. | 15 | SANNE VAN HELMOND | WV BREDA MANIEU.NL- LADIESTEAM | NED |  | 7.38'57" | 40'56" |
| 96. | 93 | SHAUNA MCFADDEN | TEAM JADEN WELDTITE | IRL | U23, J | 7.42'51" | 44'50" |
| 97. | 52 | SOPHIE BLACK | STARLEY RACING | GBR | U23 | 7.52'21" | 54'20" |
| 98. | 125 | CLAIRE O NEILL | CYCLING ULSTER | IRL | V | 7.52'59" | 54'58" |
| 99. | 83 | FRANCESCA CUTTS | GB CYCLES.CO.UK | GBR | U23 | 7.54'25" | 56'24" |
| 100. | 28 | SELMA SVARF | TEAM CRESCENT DARE | SWE | U23 | 7.56'50" | 58'49" |
| 101. | 81 | AMY GOOD | GB CYCLES.CO.UK | IRL | U23 | 7.57'25" | 59'24" |
| 102. | 10 | SARA VERHAEST | MAASLANDSTER NICHELIVING CCN | BEL | U23 | 7.57'26" | 59'25" |
| 103. | 115 | REBECCA DOBSON | TC RACING | IRL |  | 8.01'01" | 1.03'00" |

# Young rider competition:

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| Rás na mBan 2016 |

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| Organiser Organisateur | Rás na mBan Organising Committee | Separate classification Classification séparée | Young Rider | Stage Etape | 10th September 2016 |

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| General classification after Classification générale après | Individual Time Trial | Average speed of winner Vitesse moyenne du vainqueur | 36,654km/h | Total distance Distance totale | 258,3km |

| **Position Classement** | **No. No.** | **Rider Coureur** | **Team Equipe** | **Country Pays** | **Category Catégorie** | **Time Temps** | **Gap Retard** |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | | | | | | | |
| 1. | 43 | NINA BUIJSMAN | REGIOTEAM NOORD-HOLLAND 2 | NED | U23 | 7.02'49" |  |
| 2. | 57 | PFEIFFER GEORGI | BACKSTEDT CYCLING | GBR | U23, J | 7.03'22" | 33" |
| 3. | 56 | ELYNOR BACKSTEDT | BACKSTEDT CYCLING | GBR | U23, J | 7.03'28" | 39" |
| 4. | 67 | ALICE SHARPE | TEAM TORELLI | GBR | U23 | 7.03'38" | 49" |
| 5. | 31 | CECILIA LE BRIS | TEAM BREIZH LADIES | FRA | U23 | 7.04'05" | 1'16" |
| 6. | 47 | JENNY HOLDEN | FUSION RTFIERLAN | GBR | U23 | 7.04'11" | 1'22" |
| 7. | 60 | WILMA OLAUSSON | BACKSTEDT CYCLING | SWE | U23, J | 7.05'16" | 2'27" |
| 8. | 49 | ELENOR CAMPBELL | FUSION RTFIERLAN | GBR | U23 | 7.05'38" | 2'49" |
| 9. | 35 | HELENE GERARD | TEAM BREIZH LADIES | FRA | U23 | 7.07'10" | 4'21" |
| 10. | 86 | GRACE GARNER | CLIFF PRATT RACING | GBR | U23 | 7.07'31" | 4'42" |
| 11. | 33 | GABRIELLE RIMASSON | TEAM BREIZH LADIES | FRA | U23 | 7.07'42" | 4'53" |
| 12. | 91 | RHONA CALLANDER | TEAM JADEN WELDTITE | GBR | U23, J | 7.07'56" | 5'07" |
| 13. | 7 | KYLIE WATERREUS | MAASLANDSTER NICHELIVING CCN | NED | U23, J | 7.08'10" | 5'21" |
| 14. | 5 | AMALIE LUTRO | TEAM RYTGER | NOR | U23, J | 7.12'18" | 9'29" |
| 15. | 64 | CHARLOTTE ALSTON | RACING CHANCE FOUNDATION | GBR | U23 | 7.13'01" | 10'12" |
| 16. | 14 | CLEO KORTENHORST | WV BREDA MANIEU.NL- LADIESTEAM | NED | U23 | 7.13'48" | 10'59" |
| 17. | 70 | SOPHIE THACKERY | TEAM TORELLI | GBR | U23, J | 7.14'39" | 11'50" |
| 18. | 66 | MADS SCOTT | TEAM TORELLI | GBR | U23 | 7.14'56" | 12'07" |
| 19. | 25 | HAZEL MAGILL | CCN ENERGY HR AUSTRALIA | RSA | U23 | 7.15'06" | 12'17" |
| 20. | 94 | SARAH BRADFORD | TEAM JADEN WELDTITE | GBR | U23, J | 7.15'27" | 12'38" |
| 21. | 95 | JENNY HOLL | TEAM JADEN WELDTITE | GBR | U23, J | 7.16'48" | 13'59" |
| 22. | 6 | AMALIE WINTHER OLSEN | MAASLANDSTER NICHELIVING CCN | DEN | U23 | 7.16'57" | 14'08" |
| 23. | 2 | JOSEFINE HUITFELDT | TEAM RYTGER | DEN | U23 | 7.17'08" | 14'19" |
| 24. | 42 | MARJOLEIN BAKKER | REGIOTEAM NOORD-HOLLAND 2 | NED | U23 | 7.18'02" | 15'13" |
| 25. | 34 | MARGAUX CADOL | TEAM BREIZH LADIES | FRA | U23 | 7.19'16" | 16'27" |
| 26. | 16 | ANDREA TERJESEN | BRYNE CK LADIES ELITE | NOR | U23 | 7.20'18" | 17'29" |
| 27. | 59 | ISABEL ELLIS | BACKSTEDT CYCLING | GBR | U23, J | 7.25'50" | 23'01" |
| 28. | 53 | EVE DIXON | STARLEY RACING | GBR | U23 | 7.26'45" | 23'56" |
| 29. | 18 | KAROLINE ROSTE OMDAL | BRYNE CK LADIES ELITE | NOR | U23 | 7.28'21" | 25'32" |
| 30. | 96 | SOPHIE ENVER | TEAM VERDEX-PEDALPOWER.COM | GBR | U23, J | 7.30'46" | 27'57" |
| 31. | 41 | PERNILLA VAN ROZELAAR | REGIOTEAM NOORD-HOLLAND 2 | NED | U23 | 7.33'30" | 30'41" |
| 32. | 113 | EIMEAR HARRISON | TC RACING | IRL | U23, J | 7.35'50" | 33'01" |
| 33. | 9 | MAXIME ROES | MAASLANDSTER NICHELIVING CCN | BEL | U23 | 7.37'07" | 34'18" |
| 34. | 24 | ANGELA SMITH | CCN ENERGY HR AUSTRALIA | AUS | U23 | 7.38'35" | 35'46" |
| 35. | 93 | SHAUNA MCFADDEN | TEAM JADEN WELDTITE | IRL | U23, J | 7.42'51" | 40'02" |
| 36. | 52 | SOPHIE BLACK | STARLEY RACING | GBR | U23 | 7.52'21" | 49'32" |
| 37. | 83 | FRANCESCA CUTTS | GB CYCLES.CO.UK | GBR | U23 | 7.54'25" | 51'36" |
| 38. | 28 | SELMA SVARF | TEAM CRESCENT DARE | SWE | U23 | 7.56'50" | 54'01" |
| 39. | 81 | AMY GOOD | GB CYCLES.CO.UK | IRL | U23 | 7.57'25" | 54'36" |
| 40. | 10 | SARA VERHAEST | MAASLANDSTER NICHELIVING CCN | BEL | U23 | 7.57'26" | 54'37" |

# Home Based Irish Riders:

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| Rás na mBan 2016 |

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| Organiser Organisateur | Rás na mBan Organising Committee | Separate classification Classification séparée | Home Based Irish Rider | Stage Etape | 10th September 2016 |

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| General classification after Classification générale après | Individual Time Trial | Average speed of winner Vitesse moyenne du vainqueur | 36,593km/h | Total distance Distance totale | 258,3km |

| **Position Classement** | **No. No.** | **Rider Coureur** | **Team Equipe** | **Country Pays** | **Category Catégorie** | **Time Temps** | **Gap Retard** |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | | | | | | | |
| 1. | 121 | CLAIRE MCILLWAINE | CYCLING ULSTER | IRL |  | 7.03'31" |  |
| 2. | 124 | KATHARINE SMYTH | CYCLING ULSTER | IRL |  | 7.06'08" | 2'37" |
| 3. | 116 | GRACE YOUNG | DE RONDE VAN CORK | IRL |  | 7.06'09" | 2'38" |
| 4. | 123 | HEATHER FOLEY | CYCLING ULSTER | IRL |  | 7.06'52" | 3'21" |
| 5. | 111 | FIONA GUIHEN | TC RACING | IRL |  | 7.06'57" | 3'26" |
| 6. | 106 | MICHELLE GEOGHEGAN | SCOTT ORWELL WHEELERS | IRL |  | 7.08'38" | 5'07" |
| 7. | 107 | BETH MCLUSKEY | SCOTT ORWELL WHEELERS | IRL | V | 7.09'14" | 5'43" |
| 8. | 109 | AIDEEN KEENAN | SCOTT ORWELL WHEELERS | IRL |  | 7.11'26" | 7'55" |
| 9. | 122 | EILEEN BURNS | CYCLING ULSTER | IRL |  | 7.13'24" | 9'53" |
| 10. | 118 | SINNEAD OAKES | DE RONDE VAN CORK | IRL | V | 7.19'07" | 15'36" |
| 11. | 114 | MAURA CLAFFEY | TC RACING | IRL |  | 7.25'31" | 22'00" |
| 12. | 112 | ROISIN THOMAS | TC RACING | IRL |  | 7.33'10" | 29'39" |
| 13. | 113 | EIMEAR HARRISON | TC RACING | IRL | U23, J | 7.35'50" | 32'19" |
| 14. | 117 | NESSA ROCHFORD | DE RONDE VAN CORK | IRL | V | 7.38'36" | 35'05" |
| 15. | 93 | SHAUNA MCFADDEN | TEAM JADEN WELDTITE | IRL | U23, J | 7.42'51" | 39'20" |
| 16. | 125 | CLAIRE O NEILL | CYCLING ULSTER | IRL | V | 7.52'59" | 49'28" |
| 17. | 115 | REBECCA DOBSON | TC RACING | IRL |  | 8.01'01" | 57'30" |

# British Based Riders:

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| Rás na mBan 2016 |

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| Organiser Organisateur | Rás na mBan Organising Committee | Separate classification Classification séparée | British Based Rider | Stage Etape | 10th September 2016 |

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| --- | --- | --- | --- | --- | --- |
| General classification after Classification générale après | Individual Time Trial | Average speed of winner Vitesse moyenne du vainqueur | 36,789km/h | Total distance Distance totale | 258,3km |

| **Position Classement** | **No. No.** | **Rider Coureur** | **Team Equipe** | **Country Pays** | **Category Catégorie** | **Time Temps** | **Gap Retard** |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | | | | | | | |
| 1. | 73 | LYDIA BOYLAN | TEAM WNT | IRL |  | 7.01'16" |  |
| 2. | 75 | NATALIE GRINCZER | TEAM WNT | GBR |  | 7.03'05" | 1'49" |
| 3. | 57 | PFEIFFER GEORGI | BACKSTEDT CYCLING | GBR | U23, J | 7.03'22" | 2'06" |
| 4. | 56 | ELYNOR BACKSTEDT | BACKSTEDT CYCLING | GBR | U23, J | 7.03'28" | 2'12" |
| 5. | 89 | JENNIFER GEORGE | CLIFF PRATT RACING | GBR |  | 7.03'33" | 2'17" |
| 6. | 67 | ALICE SHARPE | TEAM TORELLI | GBR | U23 | 7.03'38" | 2'22" |
| 7. | 103 | JENNY POWELL | ELITE VELO KALAS SPORTWEAR CRT | DEN |  | 7.03'39" | 2'23" |
| 8. | 46 | ELIZABETH BANKS | FUSION RTFIERLAN | GBR |  | 7.03'49" | 2'33" |
| 9. | 74 | REBECCA RIMMINGTON | TEAM WNT | GBR |  | 7.04'02" | 2'46" |
| 10. | 47 | JENNY HOLDEN | FUSION RTFIERLAN | GBR | U23 | 7.04'11" | 2'55" |
| 11. | 71 | EILEEN ROE | TEAM WNT | GBR |  | 7.04'38" | 3'22" |
| 12. | 48 | FIONA HUNTER-JOHNSON | FUSION RTFIERLAN | GBR |  | 7.04'44" | 3'28" |
| 13. | 60 | WILMA OLAUSSON | BACKSTEDT CYCLING | SWE | U23, J | 7.05'16" | 4'00" |
| 14. | 49 | ELENOR CAMPBELL | FUSION RTFIERLAN | GBR | U23 | 7.05'38" | 4'22" |
| 15. | 87 | STEPHANIE MOTTRAM | CLIFF PRATT RACING | GBR |  | 7.06'07" | 4'51" |
| 16. | 63 | KELLY MURPHY | RACING CHANCE FOUNDATION | GBR |  | 7.06'07" | 4'51" |
| 17. | 72 | REBECCA CARTER | TEAM WNT | GBR |  | 7.06'19" | 5'03" |
| 18. | 86 | GRACE GARNER | CLIFF PRATT RACING | GBR | U23 | 7.07'31" | 6'15" |
| 19. | 91 | RHONA CALLANDER | TEAM JADEN WELDTITE | GBR | U23, J | 7.07'56" | 6'40" |
| 20. | 104 | MARGRIET KLOPPENBURG | ELITE VELO KALAS SPORTWEAR CRT | DEN |  | 7.08'16" | 7'00" |
| 21. | 45 | LYDIA GURLEY | REGIOTEAM NOORD-HOLLAND 2 | IRL |  | 7.09'58" | 8'42" |
| 22. | 68 | LAUREN CREAMER | TEAM TORELLI | IRL |  | 7.09'59" | 8'43" |
| 23. | 90 | ALICIA SPEAKE | CLIFF PRATT RACING | GBR |  | 7.10'31" | 9'15" |
| 24. | 105 | ERYN NOLAN | ELITE VELO KALAS SPORTWEAR CRT | IRL |  | 7.12'57" | 11'41" |
| 25. | 64 | CHARLOTTE ALSTON | RACING CHANCE FOUNDATION | GBR | U23 | 7.13'01" | 11'45" |
| 26. | 98 | ANNA WEAVER | TEAM VERDEX-PEDALPOWER.COM | GBR |  | 7.13'37" | 12'21" |
| 27. | 62 | TAMSIN VICARY | RACING CHANCE FOUNDATION | GBR |  | 7.13'53" | 12'37" |
| 28. | 70 | SOPHIE THACKERY | TEAM TORELLI | GBR | U23, J | 7.14'39" | 13'23" |
| 29. | 65 | ALISA HEALY | RACING CHANCE FOUNDATION | GBR |  | 7.14'46" | 13'30" |
| 30. | 66 | MADS SCOTT | TEAM TORELLI | GBR | U23 | 7.14'56" | 13'40" |
| 31. | 92 | ELLEN MCDERMOTT | TEAM JADEN WELDTITE | GBR |  | 7.15'00" | 13'44" |
| 32. | 94 | SARAH BRADFORD | TEAM JADEN WELDTITE | GBR | U23, J | 7.15'27" | 14'11" |
| 33. | 95 | JENNY HOLL | TEAM JADEN WELDTITE | GBR | U23, J | 7.16'48" | 15'32" |
| 34. | 78 | ALEXIS BARNES | PMR@TOACHIM HOUSE | AUS |  | 7.17'45" | 16'29" |
| 35. | 88 | CORINNE CLARKE | CLIFF PRATT RACING | GBR |  | 7.18'40" | 17'24" |
| 36. | 59 | ISABEL ELLIS | BACKSTEDT CYCLING | GBR | U23, J | 7.25'50" | 24'34" |
| 37. | 53 | EVE DIXON | STARLEY RACING | GBR | U23 | 7.26'45" | 25'29" |
| 38. | 96 | SOPHIE ENVER | TEAM VERDEX-PEDALPOWER.COM | GBR | U23, J | 7.30'46" | 29'30" |
| 39. | 79 | VICTORIA STRILA | PMR@TOACHIM HOUSE | GBR |  | 7.32'48" | 31'32" |
| 40. | 97 | JENNIFER BATEY | TEAM VERDEX-PEDALPOWER.COM | GBR |  | 7.33'33" | 32'17" |
| 41. | 76 | CHLOE WELLER | PMR@TOACHIM HOUSE | GBR |  | 7.35'00" | 33'44" |
| 42. | 82 | SARAH BURKE | GB CYCLES.CO.UK | GBR |  | 7.37'15" | 35'59" |
| 43. | 52 | SOPHIE BLACK | STARLEY RACING | GBR | U23 | 7.52'21" | 51'05" |
| 44. | 83 | FRANCESCA CUTTS | GB CYCLES.CO.UK | GBR | U23 | 7.54'25" | 53'09" |
| 45. | 81 | AMY GOOD | GB CYCLES.CO.UK | IRL | U23 | 7.57'25" | 56'09" |

# Teams Classification:

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| Rás na mBan 2016 |

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| Organiser Organisateur | Rás na mBan Organising Committee | Stage Etape | 10th September 2016 | General classification after Classification générale après | Individual Time Trial |

| **Position Classement** | **Team Equipe** | **Time Temps** | **Gap Retard** |
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| General classification | | | |
| 1. | TEAM WNT | 21.07'36" |  |
| 2. | BACKSTEDT CYCLING | 21.12'06" | 4'30" |
| 3. | FUSION RTFIERLAN | 21.12'23" | 4'47" |
| 4. | CLIFF PRATT RACING | 21.14'11" | 6'35" |
| 5. | CYCLING ULSTER | 21.15'43" | 8'07" |
| 6. | WV BREDA MANIEU.NL- LADIESTEAM | 21.15'56" | 8'20" |
| 7. | TEAM CRESCENT DARE | 21.17'44" | 10'08" |
| 8. | TEAM BREIZH LADIES | 21.18'14" | 10'38" |
| 9. | REGIOTEAM NOORD-HOLLAND 2 | 21.18'58" | 11'22" |
| 10. | CCN ENERGY HR AUSTRALIA | 21.21'45" | 14'09" |
| 11. | REGIOTEAM NOORD-HOLLAND 1 | 21.23'17" | 15'41" |
| 12. | ELITE VELO KALAS SPORTWEAR CRT | 21.24'52" | 17'16" |
| 13. | RACING CHANCE FOUNDATION | 21.26'09" | 18'33" |
| 14. | TEAM TORELLI | 21.27'47" | 20'11" |
| 15. | BRYNE CK LADIES ELITE | 21.28'39" | 21'03" |
| 16. | SCOTT ORWELL WHEELERS | 21.29'18" | 21'42" |
| 17. | MAASLANDSTER NICHELIVING CCN | 21.30'29" | 22'53" |
| 18. | TEAM JADEN WELDTITE | 21.32'44" | 25'08" |
| 19. | TC RACING | 21.34'07" | 26'31" |
| 20. | DE RONDE VAN CORK | 21.43'56" | 36'20" |
| 21. | PMR@TOACHIM HOUSE | 22.06'49" | 59'13" |
| 22. | TEAM VERDEX-PEDALPOWER.COM | 22.17'56" | 1.10'20" |
| 23. | GB CYCLES.CO.UK | 22.29'32" | 1.21'56" |

# Communique:

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| Rás na mBan 2016 |

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| Title Titre | Communique from the Panel of Commissaires | Date Date | 10th September 2016 |

## Communique from Stage 3

Rider no. 41: Pernilla van Roozelaar: Infringement 11.1 Pushing by persons in a motor vehicle. Penalty 2 minutes on General Classification.

Team Manager Regioteam Noord-Holland 1 : Pushing by persons in a motor vehicle. Penalty €25 payable to the Chief Commissaire before the start of Stage 5

Rider 82: Sarah Burke: Infringement Art 20: Non regulation service - service on the right hand side of the road.

Rider 74: Rebecca Rimmington: Infringement art 29.2 Acting in a manner that may offend public decency (littering). Penalty €20 payable to the Chief Commissaire before the start of Stage 5

Rider 107: Beth McCluskey Infringement 3.1.3 Failure to wear a jersey identical to that of other members of the same team. Penalty Warning

Team Car 14: Bryne-CK-Ladies Elite Infringement Art 28: Failure to respect instructions from a Commissaire. Team Manager Penalty €40 payable to the Chief Commissaire before the start of Stage 5

All managers are requested to generally improve on their driving while riders are in the cavalcade. Please use the vehicle hooter to alert the vehicles in front when riders are overtaking.

The race organisation wishes to thank all team cars for assisting neutral service during todays stage.

## Information relative to Stage 5 the Kilkenny Criterium

Sign-on for stage 5 is at James Stephens GAA club on Larchfield Road from 4:00pm to 5:00pm

No warming up on the circuit is permitted until 6:15pm

Stage 5 will start 6:30pm sharp. the guideline is for 45 minutes plus 3 laps. This is an estimated time/length for the race which is the normal procedure for a criterium.

The race will start with 3 paced laps with the race clock running. After lap 3 the race will proceed as normal. One lap out, only, is allowed for genuine mechanical difficulties and then only at one of the two pit areas.

There are 2 primes to be awarded, the first will be at 15 minutes approx and the second at 30 minutes approx.. These primes will be signalled by a klaxon with one lap to go each time.

5 laps to go will be indicated by a lap card. there are no laps out once the 5 laps togo notice is put out.

The Chief Commissaire will give a briefing to any team managers wishing to attend at 4:45pm at sign-on

# Climbing Classification: