

STAGE 5. KILKENNY CRITERIUM / Race Length: 45mins & 3laps  
<https://ridewithgps.com/routes/10606367>

Saturday, September 9th 2017

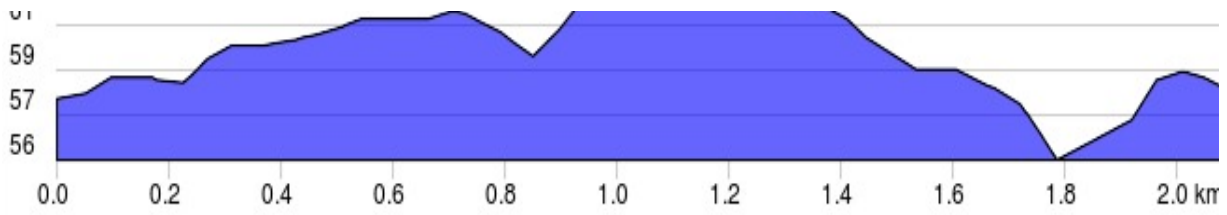
		<b>TIME</b>			
Racing for 45 mins & 3 Laps		18:30			
Sign on at James Stephen's GAA Club		16:00-17:00			
Riders must stay off the circuit until access time of		18:15			
3 x neutralised laps		18:15			
<b>KM</b>		<b>Route</b>			
	To Go	Description	Junc		Notes
0	2.1	<b>Start/Finish Line - The Parade</b>			
0.1	2.0	The Parade - Castle Gardens	JR		
0.3	1.8	The Parade - Castle Gardens	JR		
0.4	1.7	The Parade - Father Hayden Rd	JR		
0.4	1.7	The Parade - Archers Ave	JR		
0.4	1.7	The Parade - Nuncio Rd	JR	Right	
0.5	1.6	Nuncio Rd - Kenealy Ave	JL		
0.6	1.5	Nuncio Rd - Garden Villas	JL		
0.6	1.5	Nuncio Rd	JL		
0.7	1.4	Nuncio Rd - Larchfield	JL		
0.7	1.4	Nuncio Rd - St Fiachre's Pl	JR		
0.9	1.2	Nuncio Rd - Larchfield	JL		
1.0	1.2	Nuncio Rd - Edenvale Cl	JL		
1.0	1.1	Nuncio Rd - Waterford Rd	RND	Right	Take Roundabout "wrong" way
1.1	1.0	Waterford Rd	J		Caution: Traffic Island
1.2	0.9	Waterford Rd - Haltigan Tce	JL		
1.3	0.8	Waterford Rd - Haltigan Tce	JL		
1.3	0.8	Waterford Rd - Deans Ct	JR		
1.3	0.8	Waterford Rd - Corcoran Tce	JL		
1.4	0.7	Waterford Rd - Cootes Ln	JL		
1.5	0.6	Waterford Rd - Upr New St	JL		
1.5	0.6	Upper Patrick St - Village Ct	JR		Caution: Crossing
1.6	0.5	Upper Patrick St - Father Hayden Rd	JR		
1.6	0.5	Upper Patrick St - Jacob St	JL		
1.7	0.4	Upper Patrick St - Chapel Ave	JR		
1.8	0.3	Upper Patrick St - Ormonde Rd	JL		
1.9	0.2	Upper Patrick St - Ormonde St	JL		
1.9	0.2	Upper Patrick St - The Parade	X	Right	
2.1	0.0	Start/Finish Line - The Parade			<b>Finish</b>

**STAGE PROFILE**

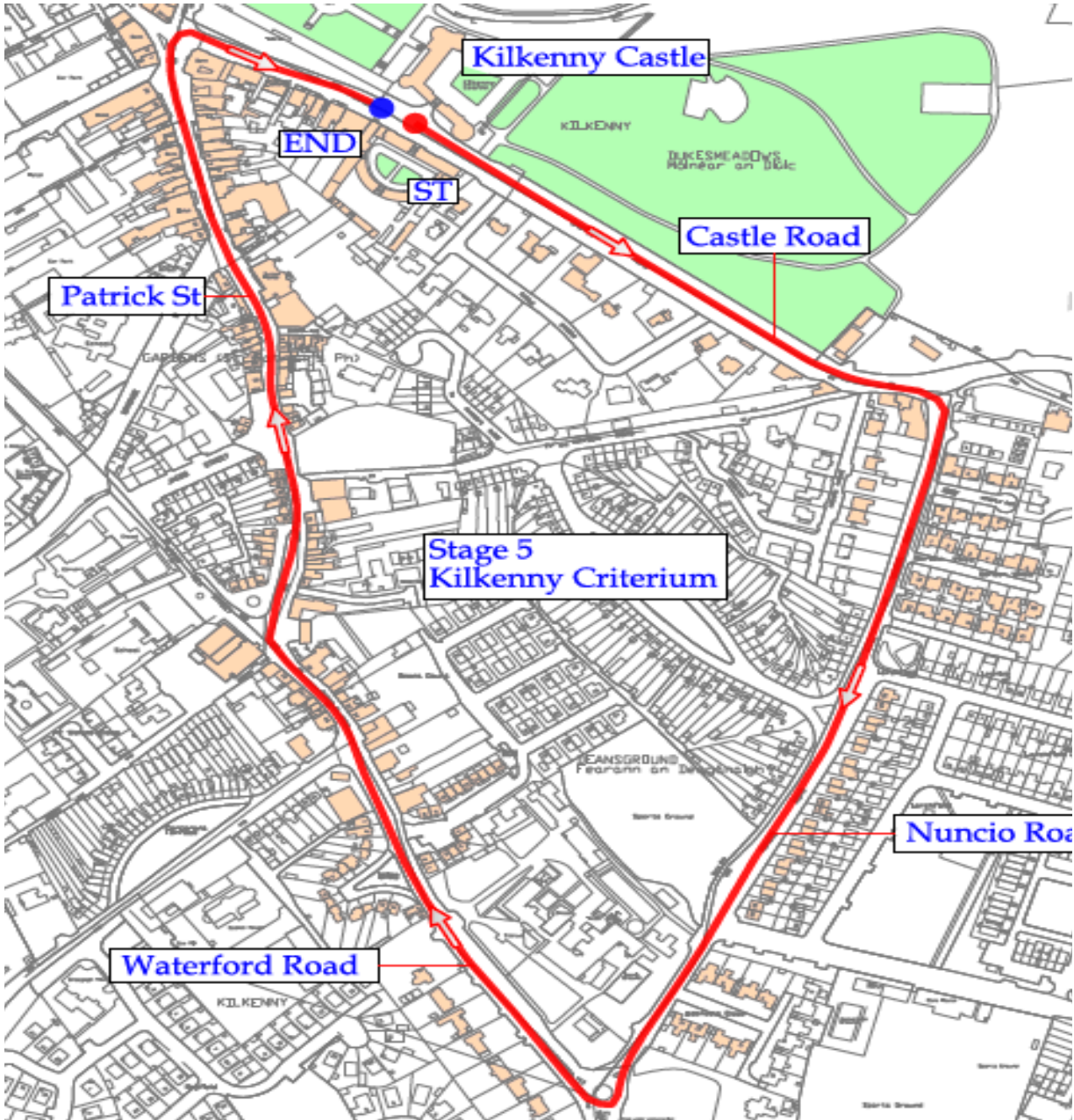
62 meters

R1

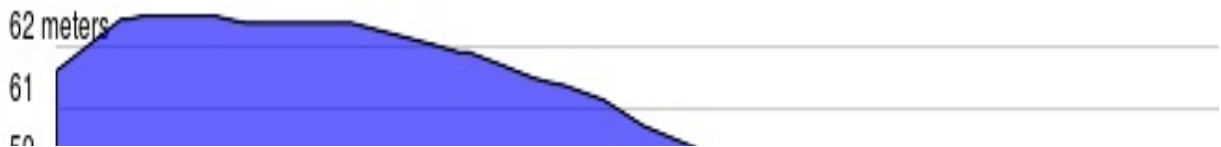


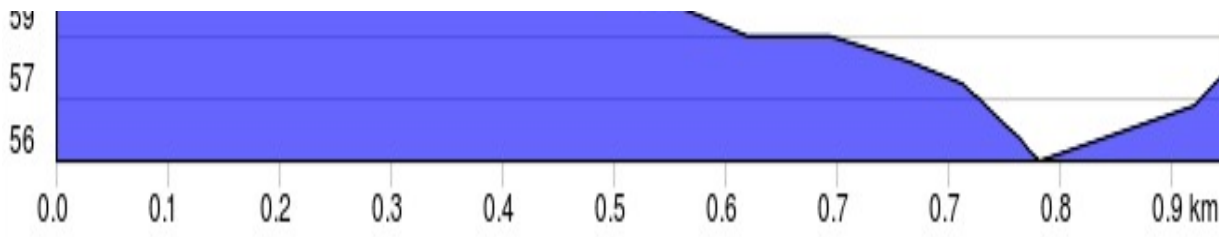


**STAGE MAP**



**ELEVATION LAST 3KM**





**MAP LAST 1KM**

