STAGE 1. 70.1KM

KILKENNY–BENNETTSBRIDGE–THOMASTOWN-GRAIGUENAMANAGH-GORESBRIDGE–PAULSTOWN-GOWRAN

https://ridewithgps.com/routes/19889112

Wednesday, September 6th 2017

	TIME
Riders sign-on, Springhill Court Hill Hotel, Kilkenny	13.00-14.55
All team and lead cars to be out of car park and in designated positions	15:30
Riders Assemble, SHC	16:30
Riders roll out from Hotel. Race is neutralised for 2km	16:40
Race start	16:45

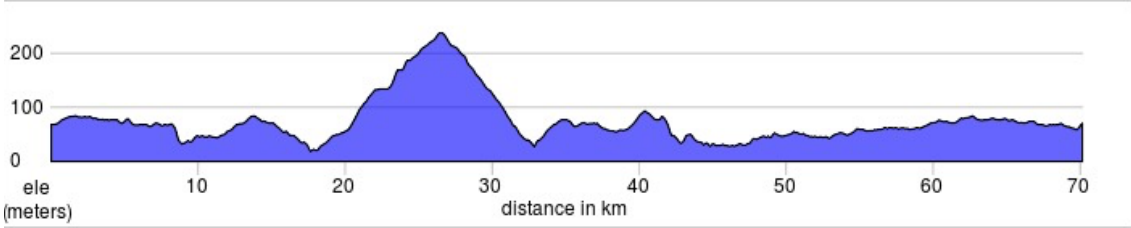
KM		Route				Schedule		
	To Go	Description	Junc		Notes	32 KPH	36 KPH	40 KPH
		Neutralised Start - Springhill Court	**Exit**	Left				
		Neutralised - N10	**RND**	2nd Exit	Cavalcade merging from left, 1st Exit			
		Neutralised - Garage Entrance	**JL**		**Caution**			
0	70.1	**N10 - Rugby Club**			**Start**	**16:45**	**16:45**	**16:45**
0.1	70.0	N10 - Cemetery	JR			16:45	16:45	16:45
0.4	69.7	N10	JR			16:45	16:45	16:45
0.5	69.6	N10 (Outrath Ct)	JL			16:45	16:45	16:45
0.7	69.4	N10	JL			16:46	16:46	16:46
2.2	67.9	N10	JR			16:49	16:48	16:48
2.3	67.8	N10	JL			16:49	16:48	16:48
3.0	67.1	N10	JL		Cul de Sac	16:50	16:50	16:49
3.7	66.4	N10	JR		Looks like gate	16:51	16:51	16:50
4.5	65.6	N10	JR			16:53	16:52	16:51
4.8	65.3	N10	JL	Left	Direction Bennettsbridge	16:54	16:53	16:52
5.0	65.1	Road	Bend	Right	Caution: Sharp Bend,narrows	16:54	16:53	16:52
5.9	64.2	Road (Croan Cottages)	JR			16:56	16:54	16:53
6.7	63.4	Road	][		Underpass,Narrows	16:57	16:56	16:55
8.3	61.8	Road	JR		Entrance, Start Steep Descent	17:00	16:58	16:57
8.6	61.5	Annamult Road	T	Left	End descent	17:01	16:59	16:57
8.7	61.4	Annamult Road (R700)	T	Right	**Bennettsbridge**	17:01	16:59	16:58
8.9	61.2	R700	][		Caution: Narrow Bridge	17:01	16:59	16:58
9.0	61.1	R700 (Bennettsbridge)	JL	Right	Sharp bend	17:01	17:00	16:58
9.3	60.8	R700 (The Ring)	JL			17:02	17:00	16:58
9.5	60.6	R700	JL		Petrol Station	17:02	17:00	16:59
9.6	60.5	R700	JL			17:03	17:01	16:59
9.7	60.4	R700 (L8200)	JR			17:03	17:01	16:59
13.7	56.4	R700 (L6716)	JL			17:10	17:07	17:05
13.8	56.3	R700 (L4202)	X			17:10	17:08	17:05
14.3	55.8	R700	][		Bridge followed by right hand bend	17:11	17:08	17:06
15.2	54.9	R700 (L8204)	JL			17:13	17:10	17:07
15.4	54.7	R700 (L8202)	JR			17:13	17:10	17:08
17.0	53.1	R700	RND	1st Exit	**Thomastown**	17:16	17:13	17:10
17.1	53.0	R700 (Dublin Rd)	RND	2nd Exit		17:17	17:13	17:10
17.2	52.9	R700 (Newtown Terrace)	JR			17:17	17:13	17:10
17.3	52.8	R700 (Maudlin Ct)	JL			17:17	17:13	17:10
17.4	52.7	R700	][		Caution: Narrow Descent	17:17	17:14	17:11
17.5	52.6	R700 (Chapel Lane)	JL		Caution: Narrow Descent	17:17	17:14	17:11
17.5	52.6	R700 (Station Rd)	JR		Caution: Narrow, Keep left	17:17	17:14	17:11
17.6	52.5	R700	T	Left	Caution: Narrow	17:18	17:14	17:11
17.8	52.3	R700	JL		Car Park	17:18	17:14	17:11
18.0	52.1	R700 (Chapel Lane)	JL			17:18	17:15	17:12
18.2	51.9	R700 (R703)	JL	Left		17:19	17:15	17:12
19.2	50.9	R703 (L8213)	X			17:21	17:17	17:13
20.3	49.8	R703	][		Caution: Narrows	17:23	17:18	17:15
21.3	48.8	R703	JR			17:24	17:20	17:16
23.0	47.1	R703	JL			17:28	17:23	17:19
24.2	45.9	R703	JR			17:30	17:25	17:21
26.5	43.6	R703	QOH		QOH Finish	17:34	17:29	17:24

26.6	43.5	R703	JR			17:34	17:29	17:24
26.6	43.5	R703	JL			17:34	17:29	17:24
26.7	43.4	R703	JR			17:35	17:29	17:25
30.3	39.8	R703	JL			17:41	17:35	17:30
30.4	39.7	R703	JR			17:42	17:35	17:30
32.8	37.3	R703 (Ballyduff Rd)	JL			17:46	17:39	17:34
32.9	37.2	R703 (R705)	RND	1st Exit	**Graiguenamanagh**	17:46	17:39	17:34
33.0	37.1	R705	JR		Petrol Station	17:46	17:40	17:34
33.2	36.9	R705	JR			17:47	17:40	17:34
34.3	35.8	R705	JR			17:49	17:42	17:36
36.2	33.9	R705	JL			17:52	17:45	17:39
36.8	33.3	R705 (R4204)	JL	Left		17:54	17:46	17:40
38.3	31.8	R4204	X			17:56	17:48	17:42
39.9	30.2	R4204	JL			17:59	17:51	17:44
40.9	29.2	R4204	JL			18:01	17:53	17:46
41.0	29.1	R4204	JR			18:01	17:53	17:46
41.5	28.6	R4204	JL			18:02	17:54	17:47
44.3	25.8	R4204 (Barrow Mount Dr)	JL			18:08	17:58	17:51
44.5	25.6	R4202 (Barrack St)	X		**Goresbridge**	18:08	17:59	17:51
44.6	25.5	Barrack St	JR			18:08	17:59	17:51
44.7	25.5	Barrack St (Church St)	JL			18:08	17:59	17:51
45.2	24.9	Royal Oak Rd (Red Mill)	JL			18:09	18:00	17:52
46.7	23.5	Royal Oak Rd	JL			18:12	18:02	17:54
47.7	22.4	Royal Oak Rd	JL			18:14	18:04	17:56
48.4	21.7	Royal Oak Rd	JL			18:15	18:05	17:57
50.6	19.5	Royal Oak Rd	JR		Entrance	18:19	18:09	18:00
51.4	18.8	Royal Oak Rd	][		Caution - Narrow Bridge	18:21	18:10	18:02
51.4	18.7	Royal Oak Rd	JR		Entrance	18:21	18:10	18:02
51.8	18.3	Royal Oak Rd	JL			18:22	18:11	18:02
52.7	17.4	Royal Oak Rd	JL			18:23	18:12	18:04
52.8	17.3	Royal Oak Rd	JL			18:24	18:13	18:04
52.9	17.2	Royal Oak Rd (R724)	T	Left	**Royal Oak**	18:24	18:13	18:04
53.0	17.2	R724 (R448)	T	Left		18:24	18:13	18:04
53.1	17.0	R448	JR			18:24	18:13	18:04
53.2	16.9	R448	JL			18:24	18:13	18:04
53.9	16.3	R448 (L7116)	JR			18:26	18:14	18:05
54.0	16.2	R448	JL			18:26	18:14	18:05
54.7	15.4	R448	JL			18:27	18:16	18:07
55.7	14.4	R448	JR			18:29	18:17	18:08
56.2	13.9	R448	JL			18:30	18:18	18:09
56.3	13.9	R448	][		Caution - Traffic Island	18:30	18:18	18:09
56.4	13.8	R448	][		Caution - Traffic Island	18:30	18:18	18:09
56.5	13.7	R448 (R712)	JL,][		Double Junction, Traffic island	18:30	18:19	18:09
56.5	13.6	R712	][		Caution - Traffic Island	18:30	18:19	18:09
56.6	13.5	R712	][		Caution - Traffic Island	18:31	18:19	18:09
56.7	13.4	R712	JR			18:31	18:19	18:10
56.9	13.3	R712	JR			18:31	18:19	18:10
57.0	13.1	R712 (An Choill Rua)	JR		**Paulstown**	18:31	18:20	18:10
57.1	13.1	R712 (Whitehall)	JL			18:31	18:20	18:10
57.1	13.0	R712	][		Caution - Traffic Island	18:32	18:20	18:10
57.4	12.7	R712	RND	2nd Exit		18:32	18:20	18:11
57.6	12.5	R712	JR			18:33	18:21	18:11
57.9	12.2	R712	JR			18:33	18:21	18:11
58.0	12.2	R712	JR			18:33	18:21	18:11
58.6	11.5	R712	JR			18:34	18:22	18:12
59.1	11.1	R712	X			18:35	18:23	18:13
59.2	11.0	R712	JL			18:35	18:23	18:13
59.3	10.8	R712	JR			18:36	18:23	18:13
60.2	10.0	R712	JR			18:37	18:25	18:15
60.6	9.5	R712	JL			18:38	18:26	18:15
62.5	7.7	R712	JR			18:42	18:29	18:18
62.6	7.5	R712	JL			18:42	18:29	18:18
62.9	7.3	R712	JR			18:42	18:29	18:19

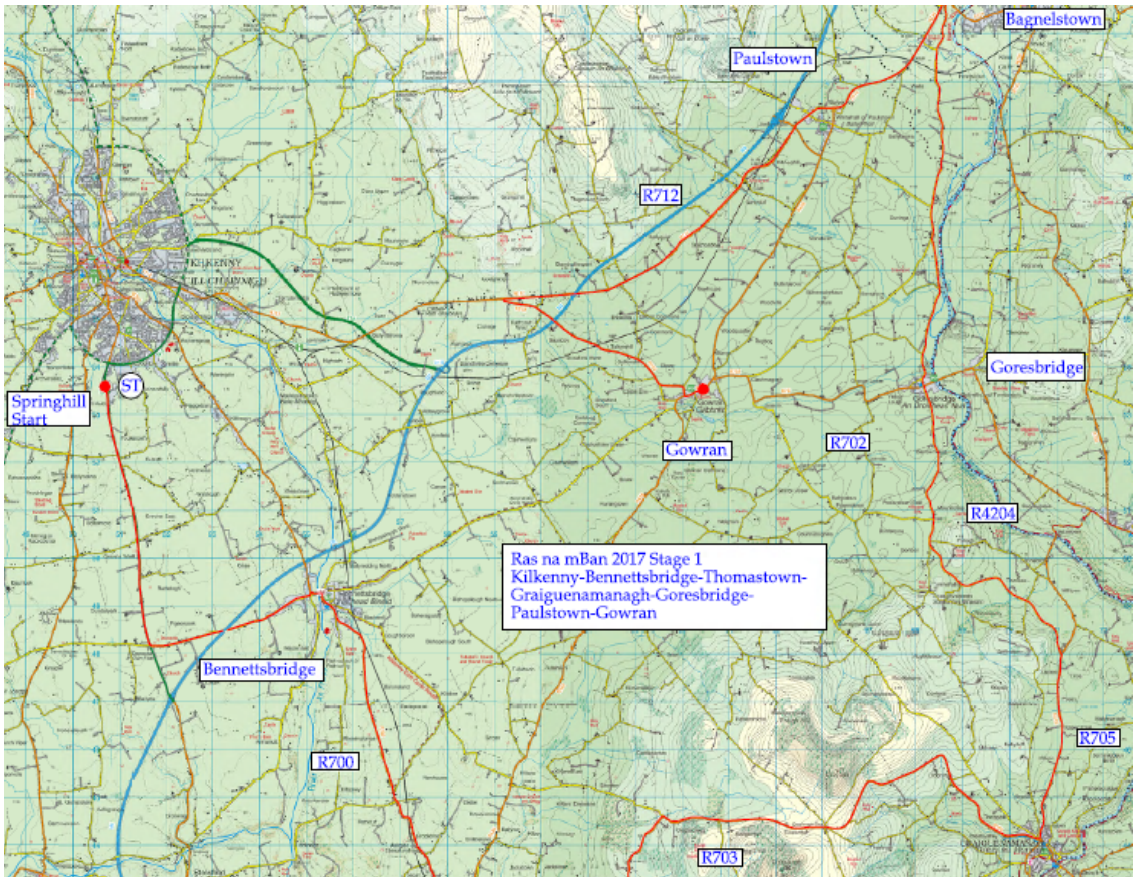
64.3	5.9	R712	JL			18:45	18:32	18:21
65.1	5.0	R712 (R702)	JL	Left		18:47	18:33	18:22
65.9	4.3	R702	JL			18:48	18:34	18:23
66.0	4.1	R702	JR			18:48	18:35	18:24
67.4	2.8	R702	][		Caution - Level Crossing. Trains due at approx 18:09 and 19.11	18:51	18:37	18:26
68.3	1.8	R702	JL			18:53	18:38	18:27
68.9	1.3	R702	JR			18:54	18:39	18:28
69.0	1.1	R702 (Chapel Rd)	JR		Deviation: All race vehicles MUST turn right unless authorized. Vehicles to park on Chapel Rd or R448	18:54	18:40	18:28
69.5	0.6	R702 (Rockfield)	RND	2nd Exit	Caution	18:55	18:40	18:29
69.6	0.5	R702 (Ogenty)	JL			18:55	18:41	18:29
69.6	0.5	R702 (The Paddcks)	JR			18:55	18:41	18:29
69.7	0.4	R702 (R448/Main St)	T	Left	Gowran	18:55	18:41	18:29
69.9	0.2	Main St (The Steeples)	JL			18:56	18:41	18:29
70.0	0.2	Main St (Mill Ln)	JR			18:56	18:41	18:29
70.0	0.2	Main St (The Steeples)	JL			18:56	18:41	18:29
70.1	0.1	Main St (St Marys Ct)	JL			18:56	18:41	18:30
70.1	0.0	**Finish**				18:56	18:41	18:30

TEAM CARS: Deviation to RHS at approx 1km to go, into Chapel Lane. Continue down Chapel Ln as far as possible.

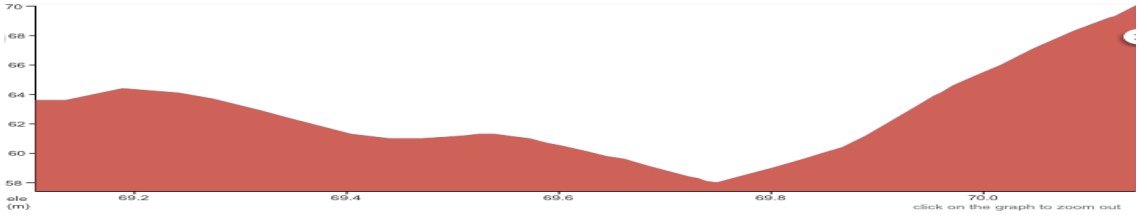
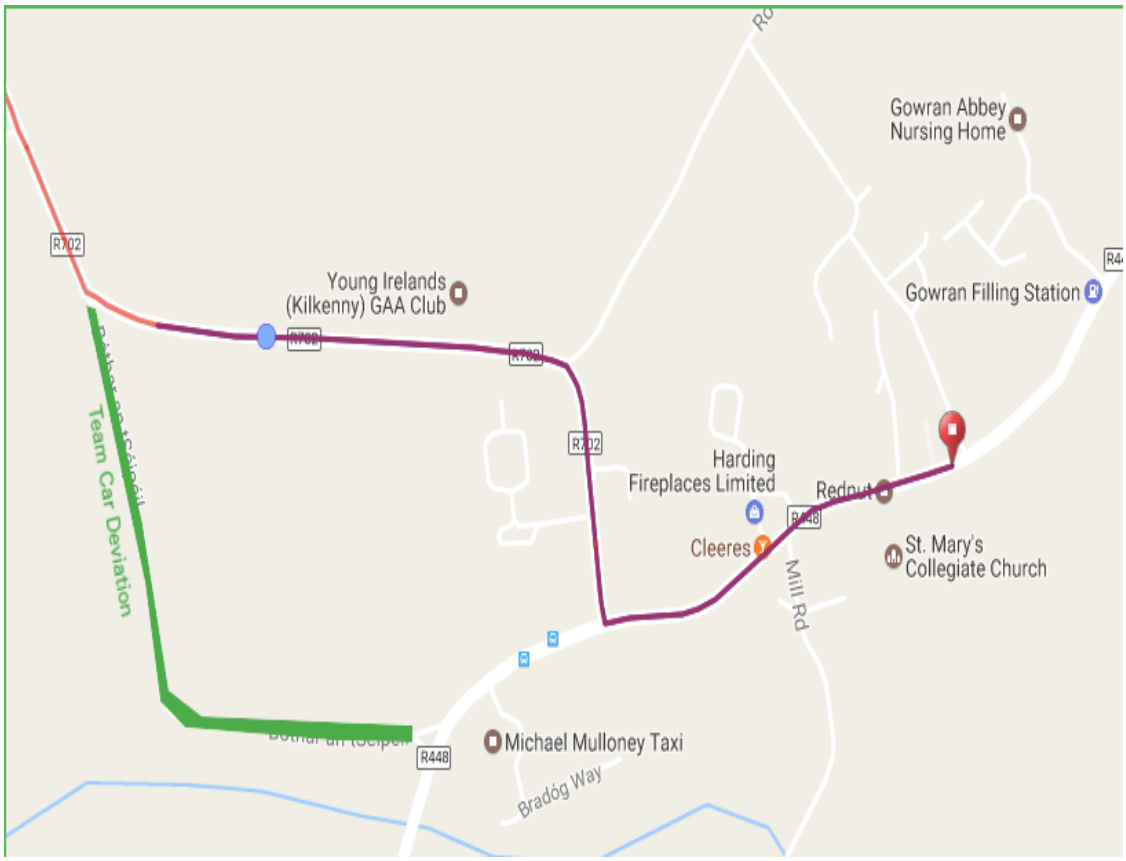
STAGE PROFILE



STAGE MAP



ELEVATION LAST 3KM



MAP LAST 1KM