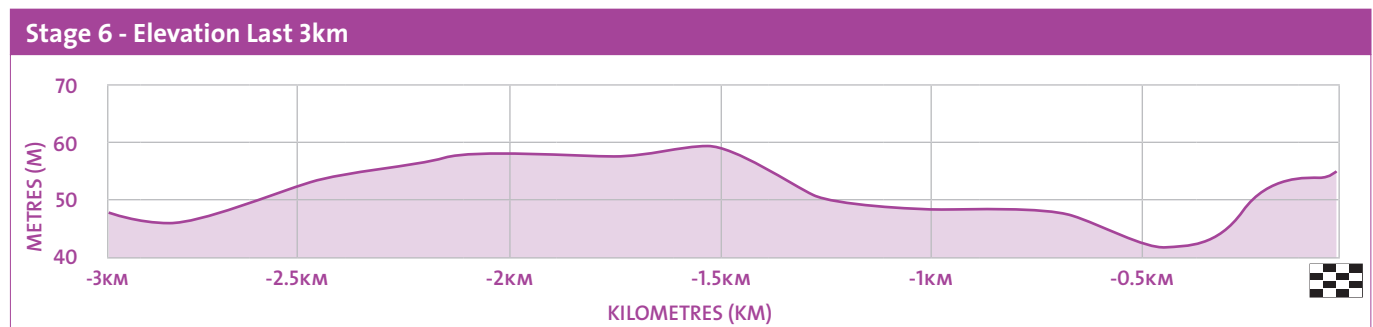
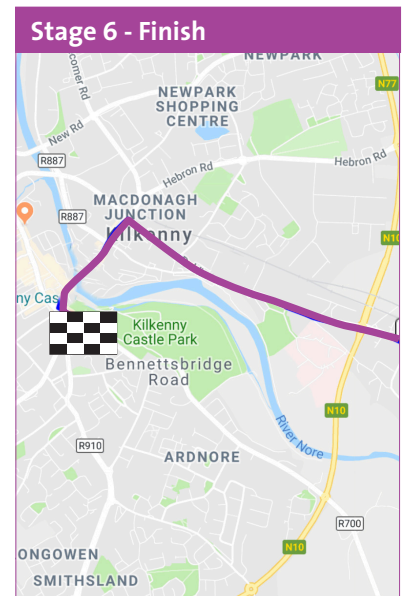
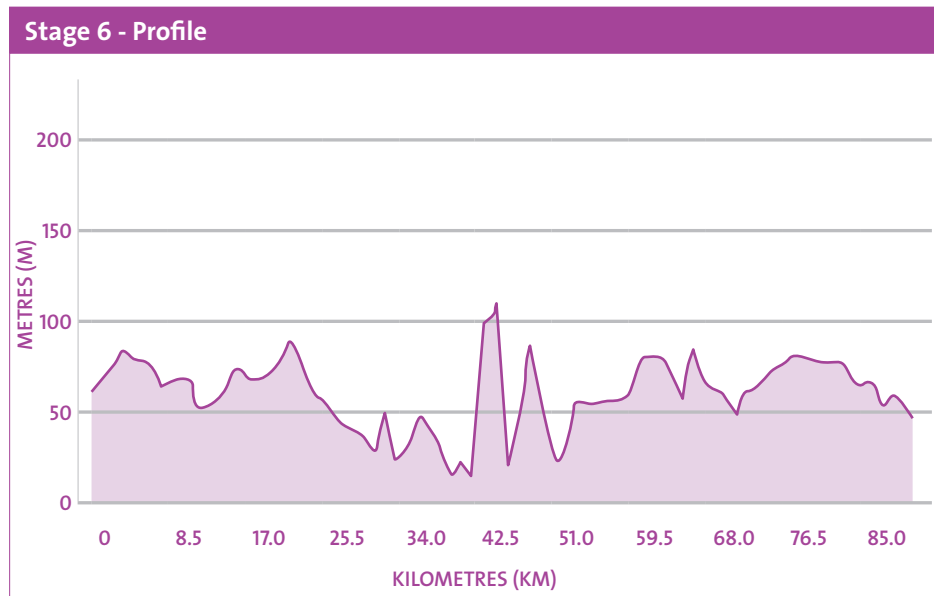
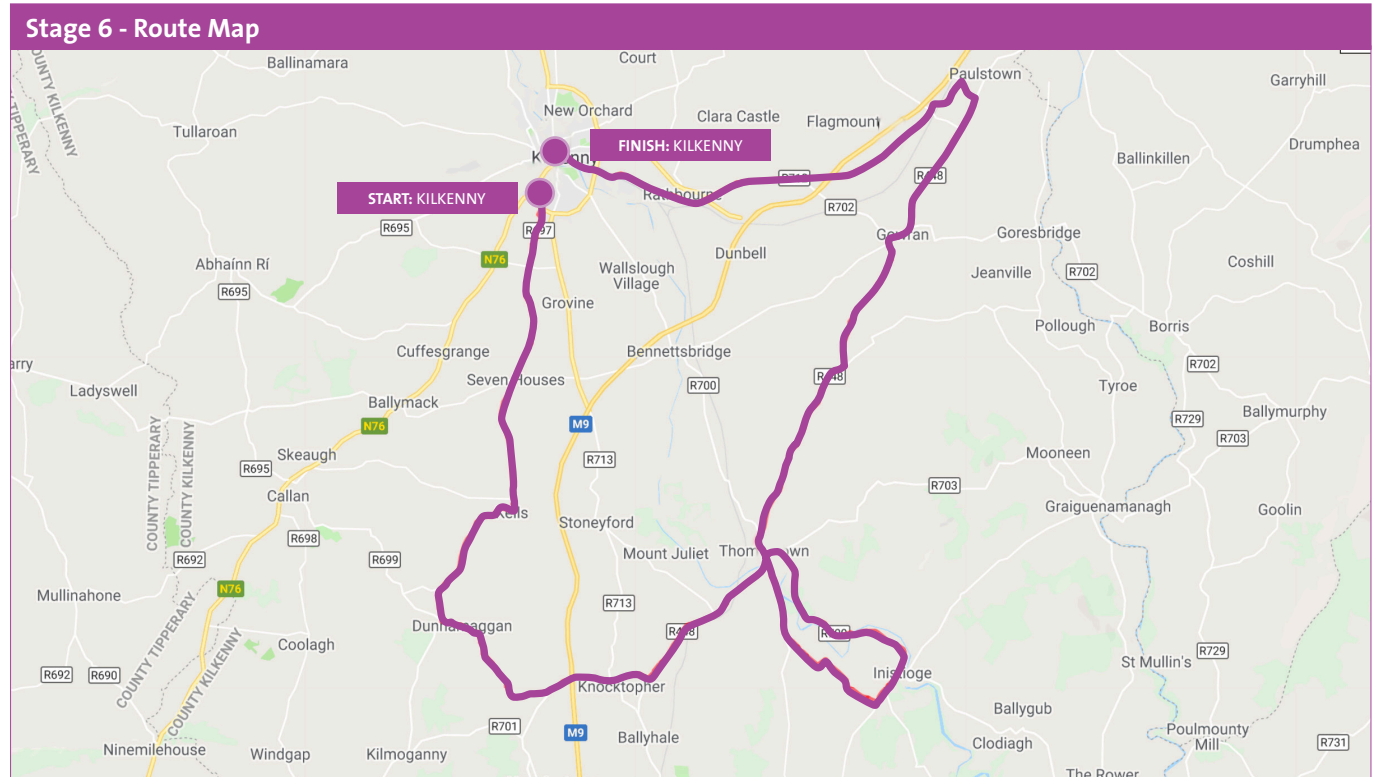


STAGE 6 - 89.3KM

KILKENNY – KELLS – DUNAMAGGIN – KNOCKTOPHER – THOMASTOWN – INISTIOGE – WOODSTOCK – THOMASTOWN – DUNGARVAN - GOWRAN - PAULSTOWN - KILKENNY

Sunday, September 9th 2018

<https://ridewithgps.com/routes/27569427>



STAGE 6 - 89KM Sunday, September 9th 2018

	TIME
Riders sign-on Springhill Court Hotel	10:00
Riders Assemble Springhill Court Hotel	11:00
Riders roll out from Springhill Court Hotel - neutralised for 1km	11:27
Race start	11:30

KM		Route				Schedule		
To Go	DESCRIPTION	JUNC		Notes	32KPH	36KPH	40KPH	
0	Neutralised Start - Springhill Court Hotel	Exit	Left		11:27	11:27	11:27	
0.2	Neutralised - N10	RND	3rd Exit	Cavalcade merging from left				
0.9	Neutralised - N10	RND	1st Exit					
1.33	Neutralised - N76	RND	2nd Exit					
0.0	88.3	Start		White Sign - Kells/ Kilmoganny	11:30	11:30	11:30	
2.1	86.2	R697	X		11:34	11:33	11:33	
3.5	84.8	R697	JR		11:36	11:35	11:35	
4.4	84.0	R697	X		11:38	11:37	11:36	
5.6	82.7	R697	JR		11:40	11:39	11:38	
6.4	81.9	R697	X		11:42	11:40	11:39	
7.5	80.8	R697	JR		11:44	11:42	11:41	
7.8	80.5	R697	JL		11:44	11:42	11:41	
8.1	80.3	R697	JR		11:45	11:43	11:42	
9.6	78.7	R697	JL		11:48	11:46	11:44	
10.9	77.4	R697	JR		11:50	11:48	11:46	
11.0	77.3	R697	JL		11:50	11:48	11:46	
11.1	77.2	R697]]	Kells, Caution: Narrow Bridge	11:50	11:48	11:46	
11.3	77.0	Kells]]	Caution: Narrow Bridge	11:51	11:48	11:46	
11.4	76.9	Kells	X	KEEP RIGHT	11:51	11:49	11:47	
11.6	76.7	R697	JL		11:51	11:49	11:47	
12.5	75.8	R697	JL		11:53	11:50	11:48	
12.7	75.6	R697	JR		11:53	11:51	11:49	
15.8	72.6	R697	JR		11:59	11:56	11:53	
17.0	71.3	R697 (R699)	X	LEFT	Direction Dunamaggin	12:01	11:58	11:55
17.7	70.6	R699	JL		Dunamaggin	12:03	11:59	11:56
17.8	70.5	R699 (Leonards Ct)	JL			12:03	11:59	11:56
18.0	70.3	R699	JR			12:03	12:00	11:57
18.4	69.9	R699	JL	KEEP RIGHT		12:04	12:00	11:57
20.8	67.6	R699	JR			12:08	12:04	12:01
21.3	67.0	R699	JR			12:09	12:05	12:01
21.8	66.5	R699	X			12:10	12:06	12:02
22.6	65.7	R699 (R701)	T	LEFT	Direction Thomastown	12:12	12:07	12:03

22.8	65.5	R699	JL			12:12	12:07	12:04
23.5	64.8	R699 (M9)	RND	2ND EXIT	Direction Thomastown	12:14	12:09	12:05
23.7	64.6	R699 (M9)	RND	2ND EXIT	Direction Thomastown	12:14	12:09	12:05
23.9	64.4	R699	JL			12:14	12:09	12:05
25.1	63.2	R699	JL			12:17	12:11	12:07
25.2	63.1	Knocktopher	RND	2ND EXIT	Direction Thomastown	12:17	12:12	12:07
25.3	63.0	Knocktopher	RND	1ST EXIT	Direction Thomastown	12:17	12:12	12:07
25.4	62.9	R699 (Whites Castle)	JL			12:17	12:12	12:08
26.5	61.8	R699 (R448)	X	LEFT	Direction Thomastown	12:19	12:14	12:09
30.0	58.3	R448 (L4206)	X			12:26	12:19	12:14
25.9	62.4	R448 (R148)	T	LEFT		12:18	12:13	12:08
26.8	61.5	R418 (L6078)	X			12:20	12:14	12:10
30.8	57.5	R418	JR		Jerpoint Car Park	12:27	12:21	12:16
32.3	56.0	R418]]		Caution: Traffic Island	12:30	12:23	12:18
32.4	55.9	R418	JR			12:30	12:23	12:18
32.6	55.7	Mill St (The Mall)	JR		Thomastown	12:31	12:24	12:18
32.8	55.5	Mill St	JR			12:31	12:24	12:19
32.8	55.5	Mill St]]		Caution Bridge	12:31	12:24	12:19
32.9	55.4	Market St	JL	KEEP RIGHT		12:31	12:24	12:19
32.9	55.4	Market St	JR		Enter One Way System	12:31	12:24	12:19
33.0	55.3	Market St (R700)	JR	RIGHT		12:31	12:25	12:19
33.1	55.2	R700	JL			12:32	12:25	12:19
33.1	55.2	R700	T	RIGHT		12:32	12:25	12:19
33.2	55.1	R700	T	LEFT	Direction Inistioge	12:32	12:25	12:19
33.4	54.9	R700	JL		Car Park	12:32	12:25	12:20
33.6	54.7	R700 (Chapel Ln)	JL			12:33	12:26	12:20
33.8	54.5	R700 (R703)	JL	KEEP RIGHT		12:33	12:26	12:20
33.9	54.4	R700 (Dangan Tce)	JL			12:33	12:26	12:20
34.7	53.6	R700	JL			12:35	12:27	12:22
37.9	50.5	R700	JL			12:40	12:33	12:26
38.4	49.9	R700]]		Caution: Bridge	12:42	12:34	12:27
38.6	49.7	R700	JR	KEEP LEFT		12:42	12:34	12:27
41.4	46.9	Inistioge	X	RIGHT	Inistioge	12:47	12:38	12:32
41.4	46.9	Road (Mill Rd)	JR			12:47	12:39	12:32
41.5	46.8	Road	JR			12:47	12:39	12:32
41.9	46.4	Road (Woodstock Gates)	JL			12:48	12:39	12:32
42.3	46.0	Road			QOH Finish, Cat 1. Length: 0.9km, Avg: 9%, Max: 21%	12:49	12:40	12:33
42.4	45.9	Road	JR	RIGHT	Direction Thomastown	12:49	12:40	12:33
42.9	45.4	Road	JR	RIGHT	Direction Thomastown	12:50	12:41	12:34
44.6	43.7	Road	JR			12:53	12:44	12:36

45.0	43.3	Road	X			12:54	12:44	12:37
45.1	43.2	Road	JL			12:54	12:45	12:37
45.4	42.9	Road]]		Caution: Narrow Bridge	12:55	12:45	12:38
46.9	41.4	Road	JR			12:57	12:48	12:40
47.3	41.0	Road	JL			12:58	12:48	12:40
47.6	40.7	Road	JL			12:59	12:49	12:41
47.8	40.5	Road	JR			12:59	12:49	12:41
49.7	38.6	Road	JL			13:03	12:52	12:44
49.9	38.4	The Mall (Castle Ave)	JR		Thomastown	13:03	12:53	12:44
50.0	38.4	The Mall (Grennan Woods)	JR			13:03	12:53	12:44
50.2	38.1	The Mall (Mill St)	T	RIGHT		13:04	12:53	12:45
50.4	37.9	Mill St	JR			13:04	12:53	12:45
50.4	37.9	Mill St]]		Caution Bridge	13:04	12:54	12:45
50.4	37.9	Market St	JL	KEEP RIGHT		13:04	12:54	12:45
50.5	37.8	Market St	JR		Enter One Way System	13:04	12:54	12:45
50.6	37.7	Market St (R700)	JR	RIGHT		13:04	12:54	12:45
50.7	37.6	R700	JL	LEFT	Direction Kilkenny	13:04	12:54	12:45
51.0	37.3	R700	JR		Caution: Crossing	13:05	12:55	12:46
51.1	37.2	R700	JR		Petrol Station	13:05	12:55	12:46
51.2	37.1	R700 (Ladys Well St)	RND	3RD EXIT	Direction Gowran	13:05	12:55	12:46
51.3	37.0	Ladys Well St (R448)	RND	1ST EXIT	Direction Gowran	13:06	12:55	12:46
51.4	36.9	R448]]		Caution Traffic Island	13:06	12:55	12:47
51.5	36.8	R448	JR		Supermarket	13:06	12:55	12:47
51.5	36.8	R448]]		Caution Traffic Island	13:06	12:55	12:47
51.6	36.7	R448	JR			13:06	12:55	12:47
51.6	36.7	R448]]		Caution Traffic Island	13:06	12:56	12:47
51.7	36.6	R448	JR			13:06	12:56	12:47
51.7	36.6	R448]]		Caution Traffic Island	13:06	12:56	12:47
51.8	36.5	R448 (Berkley Lawn)	JL			13:07	12:56	12:47
52.1	36.2	R448 (Hillside)	JL			13:07	12:56	12:48
52.2	36.1	R448 (Cloghabrody Heights)	JR			13:07	12:57	12:48
52.6	35.7	R448 (Cloghabrody Heights)	JR			13:08	12:57	12:48
53.0	35.3	R448	JL			13:09	12:58	12:49
53.3	35.0	R448	JR			13:09	12:58	12:49
54.5	33.9	R448	JR			13:12	13:00	12:51
54.6	33.7	R448	JL			13:12	13:00	12:51
55.0	33.3	R448	JL			13:13	13:01	12:52
55.9	32.4	R448	JL			13:14	13:03	12:53
57.6	30.7	R448	JR			13:17	13:05	12:56
57.9	30.4	R448	JL			13:18	13:06	12:56
58.6	29.7	R448 (Dungarvan)	JR	KEEP LEFT		13:19	13:07	12:57

59.1	29.2	R448	JL			13:20	13:08	12:58
60.5	27.8	R448	JL			13:23	13:10	13:00
61.6	26.7	R448	JR			13:25	13:12	13:02
63.0	25.3	R448	JR			13:28	13:15	13:04
63.5	24.8	R448	JR			13:29	13:15	13:05
63.7	24.6	R448	JL			13:29	13:16	13:05
63.9	24.4	R448 (Chapel Rd)	JL			13:29	13:16	13:05
64.0	24.3	R448 (Bradog Way)	JL			13:29	13:16	13:05
64.1	24.2	R448 (R702)	JL		Gowran	13:30	13:16	13:06
64.3	24.0	R448 (The Steeples)	JL			13:30	13:17	13:06
64.3	24.0	R448 (Mill Rd)	JR			13:30	13:17	13:06
64.4	23.9	R448 (St Marys Court)	JL			13:30	13:17	13:06
64.5	23.8	R448 (Parkmore Tce)	JL			13:30	13:17	13:06
64.7	23.6	R448 (Abbey Grove)	JL		Petrol Station	13:31	13:17	13:07
64.8	23.5	R448 (R702)	JR			13:31	13:18	13:07
65.0	23.3	R448	JR			13:31	13:18	13:07
68.1	20.2	R448	JR			13:37	13:23	13:12
68.8	19.5	R448	JR			13:38	13:24	13:13
68.9	19.4	R448	JL			13:39	13:24	13:13
70.1	18.2	R448	RND	1st EXIT		13:41	13:26	13:15
71.0	17.3	R712	RND	1st EXIT		13:43	13:28	13:16
71.2	17.1	R712	JR			13:43	13:28	13:16
71.5	16.8	R712	JR			13:43	13:29	13:17
71.5	16.8	R712	JR			13:44	13:29	13:17
72.1	16.2	R712	JR			13:45	13:30	13:18
72.6	15.7	R712	X			13:46	13:31	13:18
72.7	15.6	R712	JL			13:46	13:31	13:19
72.9	15.5	R712	JR			13:46	13:31	13:19
73.7	14.6	R712	JR			13:48	13:32	13:20
74.2	14.1	R712	JL			13:49	13:33	13:21
76.0	12.3	R712	JR			13:52	13:36	13:24
76.1	12.2	R712	JL			13:52	13:36	13:24
76.4	11.9	R712	JR			13:53	13:37	13:24
77.8	10.5	R712	JL			13:55	13:39	13:26
78.7	9.6	R712 (R702)	JL			13:57	13:41	13:27
80.2	8.1	R712	JR			14:00	13:43	13:30
80.5	7.8	R712	JL			14:01	13:44	13:30
82.1	6.2	R712	JL			14:03	13:46	13:33
82.6	5.7	R712	JR			14:04	13:47	13:33
83.3	5.0	R712	JL			14:06	13:48	13:34
84.4	3.9	R712 (Lyraeth)	JR		Hotel Entrance	14:08	13:50	13:36
84.4	3.9	R712	JL			14:08	13:50	13:36
84.9	3.4	R712	RND	1st EXIT		14:09	13:51	13:37
85.1	3.2	Dublin Rd	JR			14:09	13:51	13:37

85.3	3.0	Dublin Rd	JL			14:09	13:52	13:37
85.5	2.8	Dublin Rd	JL			14:10	13:52	13:38
85.6	2.7	Dublin Rd]]		Caution: Traffic Island	14:10	13:52	13:38
85.7	2.6	Dublin Rd	X		Entrances	14:10	13:52	13:38
85.7	2.6	Dublin Rd]]		Caution: Traffic Island	14:10	13:52	13:38
85.8	2.5	Dublin Rd]]		Caution: Traffic Island	14:10	13:52	13:38
85.8	2.5	Dublin Rd	JL			14:10	13:53	13:38
85.9	2.4	Dublin Rd]]		Caution: Traffic Island	14:11	13:53	13:38
86.0	2.3	Dublin Rd	JR			14:11	13:53	13:38
86.0	2.3	Dublin Rd	JR			14:11	13:53	13:39
86.1	2.2	Dublin Rd	RND	2ND EXIT	Deviation: All race vehicles MUST turn left (1st exit) unless authorized. Vehicles to follow directions to Kilkenny Castle, via 3rd exit on Bennettsbridge Road RND	14:11	13:53	13:39
86.3	2.1	Dublin Rd	RND	1ST EXIT	Caution: Traffic Islands	14:11	13:53	13:39
86.3	2.0	Dublin Rd	JR			14:11	13:53	13:39
86.3	2.0	Dublin Rd]]		Caution: Traffic Island	14:11	13:53	13:39
86.3	2.0	Dublin Rd	JL			14:11	13:53	13:39
86.5	1.8	Dublin Rd	RND	2ND EXIT	Caution: Traffic Islands	14:12	13:54	13:39
86.6	1.7	Dublin Rd]]		Caution: Traffic Island	14:12	13:54	13:39
86.7	1.6	Dublin Rd	JR			14:12	13:54	13:40
86.7	1.6	Dublin Rd]]		Caution: Traffic Island	14:12	13:54	13:40
86.9	1.5	Dublin Rd	JR			14:12	13:54	13:40
87.0	1.3	Dublin Rd (Maudlin St)	JL			14:13	13:54	13:40
87.1	1.2	Dublin Rd (O'Loughlin Rd)	JR			14:13	13:55	13:40
87.3	1.0	Dublin Rd (Train Station)	JR		Caution: Traffic Island	14:13	13:55	13:41
87.4	0.9	Dublin Rd (John St Upper)	X	LEFT		14:13	13:55	13:41
87.5	0.8	John St Upper]]		Caution: Zebra Crossing	14:14	13:55	13:41
87.5	0.8	John St Upper	JL			14:14	13:55	13:41
87.6	0.7	John St Upper (Maudlin St)]]		Caution Speed Ramp	14:14	13:56	13:41
87.7	0.6	John St Upper (Barrack Lane)	JR		Caution: Narrows	14:14	13:56	13:41
87.7	0.6	John St Lower]]		Caution: Zebra Crossing	14:14	13:56	13:41
87.8	0.5	John St Lower]]		Caution: Zebra Crossing	14:14	13:56	13:41
87.8	0.9	John St Lower (John's Quay)	JR			14:14	13:56	13:41
87.8	0.5	John St Lower]]		Caution: Narrow Bridge	14:14	13:56	13:41
87.9	0.4	John's Bridge	JR			14:14	13:56	13:41
87.9	0.4	Rose Inn St (St Kierans St)	JR		Caution: Zebra Crossing	14:14	13:56	13:41
88.0	0.3	Rose Inn St (The Parade)	X	LEFT		14:15	13:56	13:42
88.3	0.0	Finish - Kilkenny Castle				14:15	13:57	13:42